

# First Up

Joyful Interdependence

Thirteenth Sunday After Pentecost  
September 7, 2025



## THE SERVICEBERRY

**Abundance and Reciprocity  
in the Natural World**

**ROBIN WALL KIMMERER**

**AUTHOR OF BRAIDING SWEETGRASS**

**First**  
**Church**

# First Up September 7, 2025

## Worship

### Centering Words

Leader: The world tells us "Compete to thrive."

**People: Paul teaches "If all the parts were alike, where would the body be?"**

Leader: "They are, indeed, many different members but one body."

**People: We are learning "cooperation is a better model, not only for surviving but for thriving."**

Leader: Let us worship Creator,

**People: who makes us one.**

*by Rev. Paul Mitchell*

### Song

"Waymaker"

### The Old Testament Lesson

Exodus 16: 1-5 & 21-23

The whole congregation of the Israelites set out from Elim; and Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days." 21 Morning by morning they gathered it, as much as each needed; but when the sun grew hot, it melted. On the sixth day they gathered twice as much food, two omers apiece. When all the leaders of the congregation came and told Moses, 23 he said to them, "This is what the Lord has commanded: 'Tomorrow is a day of solemn rest, a holy sabbath to the Lord; bake what you want to bake and boil what you want to boil, and all that is left over put aside to be kept until morning.' "

### The New Testament Lesson

1 Corinthians 12:12-27

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one

body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, “Because I am not a hand, I do not belong to the body,” that would not make it any less a part of the body. And if the ear would say, “Because I am not an eye, I do not belong to the body,” that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, “I have no need of you,” nor again the head to the feet, “I have no need of you.” On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now you are the body of Christ and individually members of it.

Leader: The Word of God in scripture, for the Word of God among us, for the Word of God within us.

**People: Thanks be to God.**

### Song

“Hold Us Together”

### Prayer

God of creation and community, in your love we have been made equal, beautiful, and diverse. In this time of worship, place into our hearts a spirit of reciprocity, recognizing that as we have been called into relationship with you, so too are we called into relationship with one another. Your sacred calling to use our diverse gifts to support, uplift, and care for one another. We know that alone we are limited, our resources scarce, but in cooperation with one another, in cooperation with our earth, in cooperation with you who give us life and breath, there is bountiful flourishing to be found. That through cooperation, all creation may live in joyful interdependence fully able to embrace your joyful love and peace. Amen.

*by Rev. Kelby Werner*

## Service

### The Message to Young Disciples

## Message

Joyful Interdependence

Pastor Duane Carlisle

## Pastoral Prayer

### Invitation to Generosity

<https://onrealm.org/FUMCWL/-/form/give/now>

## Sharing the Peace of Christ

### The Great Thanksgiving

Presider: The Lord be with you.

**People: And also with you.**

Presider: Lift up your hearts.

**People: We lift them up to the Lord.**

Presider: Let us give thanks to the Lord our God.

**People: It is right to give our thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of

heaven and earth. You formed us from the clay in your image. The air we breathe you first breathed into us as the breath

of life. Though we may turn away, your love remains steadfast. You bless us with the gifts of earth freely given, you

speak to us through the prophets, and your covenant claims us as your own. And so, with your people on earth and all

the company of Heaven we praise your name and join their unending hymn:

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Presider: Holy are you, and blessed is your Son Jesus Christ. Through the flight of a dove, and in the waters of the Jordan River, Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people. In his earthly ministry, starting with his steady steps on that muddy river bank, Jesus led and taught your people to seek the kin-dom/kingdom of God. He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. When the Lord Jesus ascended, he promised to be with us always, in the power of you Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the

bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me." When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**All: Christ has died; Christ is risen; Christ will come again.**

Presider: Pour out your Holy Spirit on us gathered here, and on these gifts of bread and juice/wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory are yours, almighty God, now and forever. Amen.

And now, with the confidence of children of God, let us pray:

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

Presider: Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.  
The cup over which we give thanks is a sharing in the blood of Christ.  
The body of Christ, given for you. Amen.  
The blood of Christ, given for you. Amen.

### Communion

**All: Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others and care for this good earth, in the name of Jesus Christ our Lord. Amen.**

## PRAYERS

### CONCERNS SHARED

ALL IN NEED OF PRAYERS

### THOSE IN MEMORY CARE

JACK GAUNT PAT STAVER

### OUR MILITARY

CDR JAMES BEATY  
SMAN KEVIN CLUTE  
LTC KEVIN FIELD  
HM2 KIM FOUNTAIN  
AWR1 ISAIAH HALE  
MSG ANTHONY MAURO  
SMAN BEN RIDINGS  
LCDR ALEX TURCO  
TSGT GERALD WELKER

### AUDIO 1

EVORA SCHELLINGERHOUT

### AUDIO 2

RILEY SCHELLINGERHOUT

### CG CREATION

CHARIS VANDER PLAATS

### ACOUSTIC GUITAR

KORY PRITCHETT  
NICK CLINKENBEARD

### BASS GUITAR

BECCA PRITCHETT

### DRUMS CADE QUINN

KEYS RYAN MADDEN

VOCALS KAREN HULL,  
AMANDA HEDDEN

### ACOUSTIC TAMBOURINE

ELLA ROBYNE

### SONG/WORSHIP LEADER

CHARIS VANDER PLAATS

### LEAD PASTOR

DUANE CARLISLE

### ASSISTANT PASTOR

KORY PRITCHETT



## GIVING



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TO BE PUT ON THE WEEKLY  
ANNOUNCEMENT EMAILS,  
CONTACT RONDA AT  
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RKROESCHEN@FUMCWL.ORG

## CHECK IN



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## BULLETIN



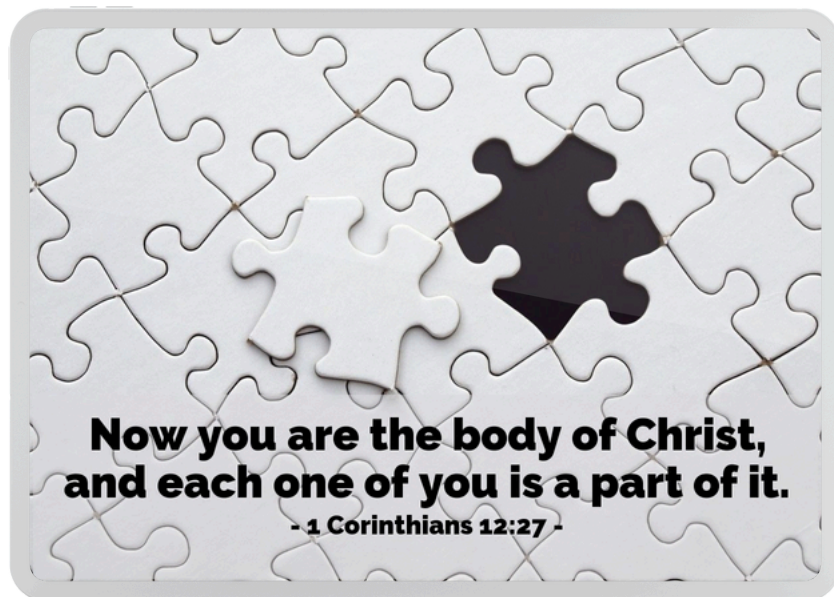
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## Song

"All Belong Here"

## Ending

## The Benediction



# Way Maker

by Osinachi Kalu Okoro Egbu

## Verse 1

You are here moving in our midst  
I worship You I worship You  
You are here working in this place  
I worship You I worship You

## Chorus 1

(You are) Way Maker Miracle Worker Promise Keeper  
Light in the darkness my God that is who You are

## Verse 2

You are here touching ev'ry heart  
I worship You I worship You  
You are here healing ev'ry heart  
I worship You I worship You

## Verse 3

You are here turning lives around  
I worship You I worship You  
You are here mending ev'ry heart  
I worship You yeah I worship You Lord

## Misc 1 (TAG)

That is who You are  
That is who You are  
That is who You are  
That is who You are

## Misc 2 (Bridge)

Even when I don't see it You're working  
Even when I don't feel it You're working  
You never stop You never stop working  
You never stop You never stop working

# Hold Us Together

by Steve Wilson and Matt Maher

## Verse 1

It don't have a job, it don't pay your bills  
Won't buy you a home in Beverly Hills  
Won't fix your life in five easy steps  
Ain't the law of the land or the govern - ment  
But it's all you need

## Chorus

And love will hold us to - gether  
Make us a shelter to weather the storm  
And I'll be my brother's keeper  
(1st Ending) So the whole world will know that  
we're not a - lone

(2nd Ending) So the whole world will know that  
we're not a - lone (Last time)

## Verse 2

It's waiting for you, knocking at your door  
In the moment of truth,  
when your heart hits the floor  
And you're on your knees

## Bridge

This is the first day of the rest of your life  
This is the first day of the rest of your life  
'Cause even in the dark, you can still see the light  
It's gonna be al - right, it's gonna be al - right

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# **All Belong Here**

by Hannah Rand and Lenora Rand

## **Verse 1**

When you're not sure who you really are  
When all you feel is the shape of your scars  
And you have more wounds than you can count  
Open your eyes look all around  
You aren't alone this is your home

## **Chorus 1**

Come and remember who you are here  
Do this to remember who I am  
Come and remember you belong here  
All belong here

## **Verse 2**

When you don't know how to forgive  
When locked doors seem like the only way to live  
And you've got more questions than you can count  
Open your eyes look all around  
You aren't alone this is your home

## **Misc 1 (Bridge)**

At this table come as you are  
Broken and bleeding's ok  
At this table eat and be filled  
Come and drink in this grace

## **Misc 2 (Interlude)**

Ooo ooo ooo ooo ooo